

Treatment Menu

MARTHA TILAAAR



SALON DAY SPA

SRI LANKA



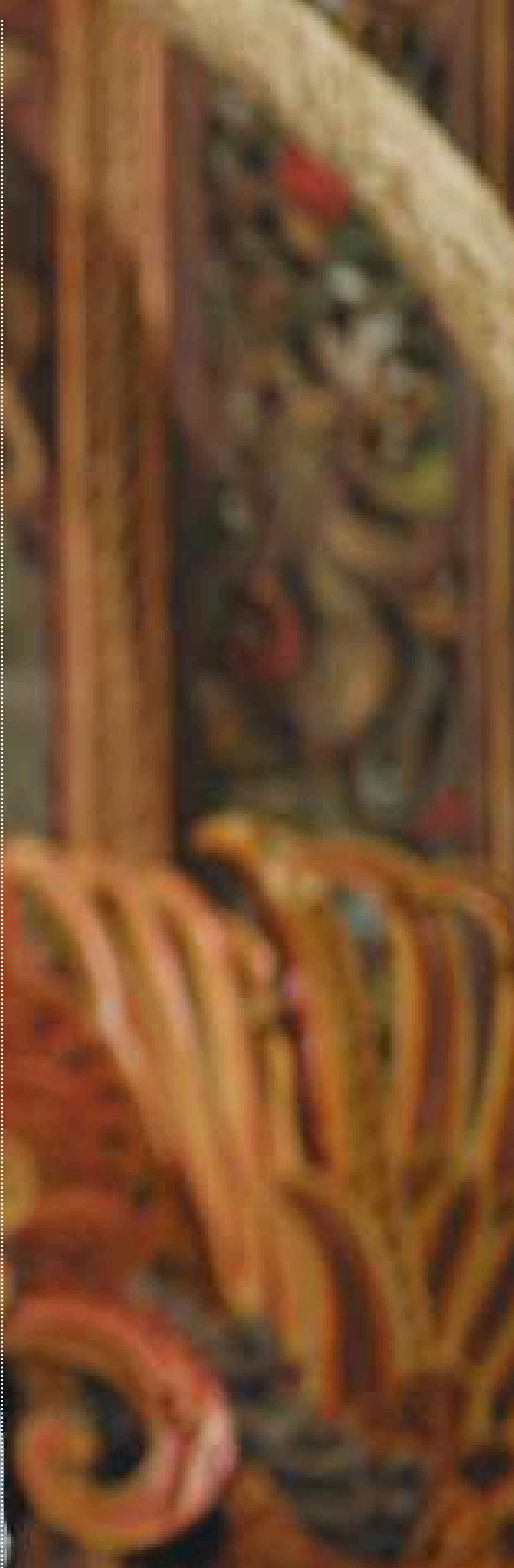




True beauty radiates
from within.
It is the harmony of
body, mind, and spirit.

Signature Body Treatment	Express	Signature Body rituals	Couples	Pre- Wedding	Ratus	Facials	Nails
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The Story of Dr Martha Tilaar

Born from a deep passion for Indonesian heritage and a vision to empower women, Martha Tilaar Salon Day Spa is the embodiment of Dr. Martha Tilaar's extraordinary journey. A pioneer in the beauty industry, she dared to dream of a brand that celebrated natural beauty and the rich traditions of her homeland.

With unwavering determination, she transformed a small salon into a renowned beauty empire, empowering countless women along the way. Her legacy lives on in our commitment to providing transformative treatments that nurture not only the body but also the mind and spirit.

Step into our sanctuary of serenity and experience the essence of Dr. Martha Tilaar's vision – a holistic approach to beauty that celebrates the unique radiance within each individual.

Nails

Facials

Ratus

Pre- Wedding

Couples

Signature
Body rituals

Express

Signature Body
Treatment





Indonesian Wellness

Indonesian wellness traditions are rooted in the belief that beauty is a reflection of inner harmony. For centuries, Indonesians have embraced the healing power of nature, using traditional ingredients and time-honoured techniques to promote well-being and enhance natural beauty.

Our treatments draw inspiration from these ancient traditions, incorporating indigenous ingredients like rice, turmeric, and essential oils to nurture your skin and revitalise your senses. Experience the transformative power of Indonesian wellness and discover a deeper connection to yourself and the natural world.

Signature Body
Treatment

Express

Signature
Body rituals

Couples

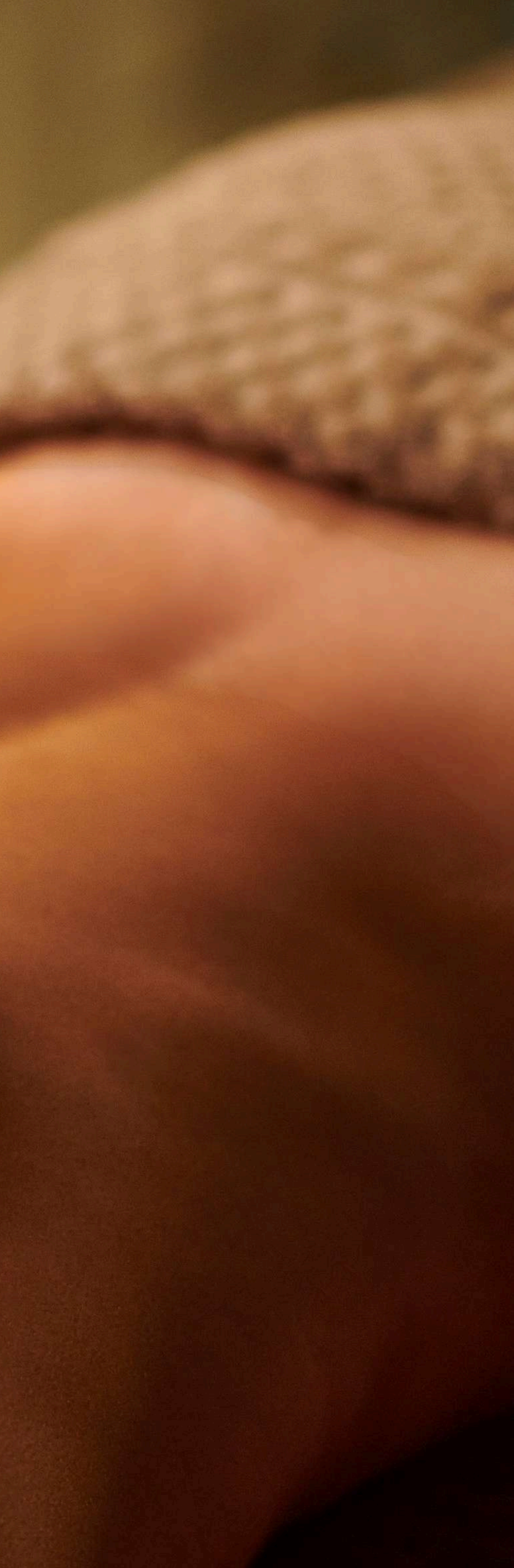
Pre- Wedding

Ratus

Facials

Nails





Signature Body Treatments

ESCAPE. UNWIND. REVIVE.

Indulge in our transformative Signature Body Treatments, inspired by the rich heritage of Indonesia. Immerse yourself in a sanctuary of serenity, where our expert therapists will guide you through a symphony of soothing scents and gentle touches. Each journey is carefully crafted to provide a unique and unforgettable experience, tailored to your specific needs and desires. Whether you seek to brighten your skin, contour your silhouette, awaken your senses, or simply unwind and reconnect with your inner self, our Signature Body Treatment Packages offer a haven of tranquillity and rejuvenation.

Signature Body
Treatment

Express

Signature
Body rituals

Couples

Pre- Wedding

Ratus

Facials

Nails



Aromassage

Unwind with a personalised aromatherapy massage. Choose from our curated collection of essential oil blends – Relaxing, Energising, or Balancing – to address your individual needs. Gentle, rhythmic strokes combined with the therapeutic aromas will lull your mind into a state of tranquillity, easing tension and promoting a sense of well-being.

60 mins

LKR 16,500

90 mins

LKR 18,500



Duration
60 / 90 mins



Herbal Tea
Included

Healing Hot Stone Massage

Embark on a deeply soothing journey with our Healing Hot Stone Massage. Smooth, heated basalt stones are strategically placed on your body, their warmth melting away tension and promoting deep relaxation. Combined with flowing massage techniques, the therapeutic heat of the stones penetrates deeply into muscles, easing stiffness and encouraging blood flow.

LKR 20,500



Duration
90 mins



Herbal Tea
Included

Express

Signature
Body rituals

Couples

Pre- Wedding

Ratus

Facials

Nails



Warm Candle Massage

Experience the soothing warmth and deep relaxation of our Warm Candle Massage, designed to melt away tension and nourish your skin. This unique treatment begins with a gentle foot ritual, followed by applying a specially crafted warm candle made from virgin coconut oil and shea butter. As the candle melts, it transforms into a luxurious oil that is then gently massaged into your skin, promoting calmness and well-being. The nourishing blend hydrates and softens, leaving your skin feeling revitalised. Conclude your experience with a refreshing after-treatment drink, perfectly complementing your journey to tranquillity.

60 mins

LKR 18,500

90 mins

LKR 20,500



Duration
60 / 90 mins



Herbal Tea
Included

The Authentic Balinese Massage

Experience the invigorating power of our Authentic Balinese Massage, a traditional treatment rooted in the rich heritage of Bali. This massage combines firm pressure and ancient techniques, utilising palms and elbows to work deep into the muscles, releasing tension and promoting circulation. Feel your stress melt away as our skilled therapists expertly knead and stretch your muscles, leaving you feeling revitalised and renewed.

60 mins

LKR 16,500

90 mins

LKR 18,500



Duration
60 / 90 mins



Herbal Tea
Included

Express

Signature
Body rituals

Couples

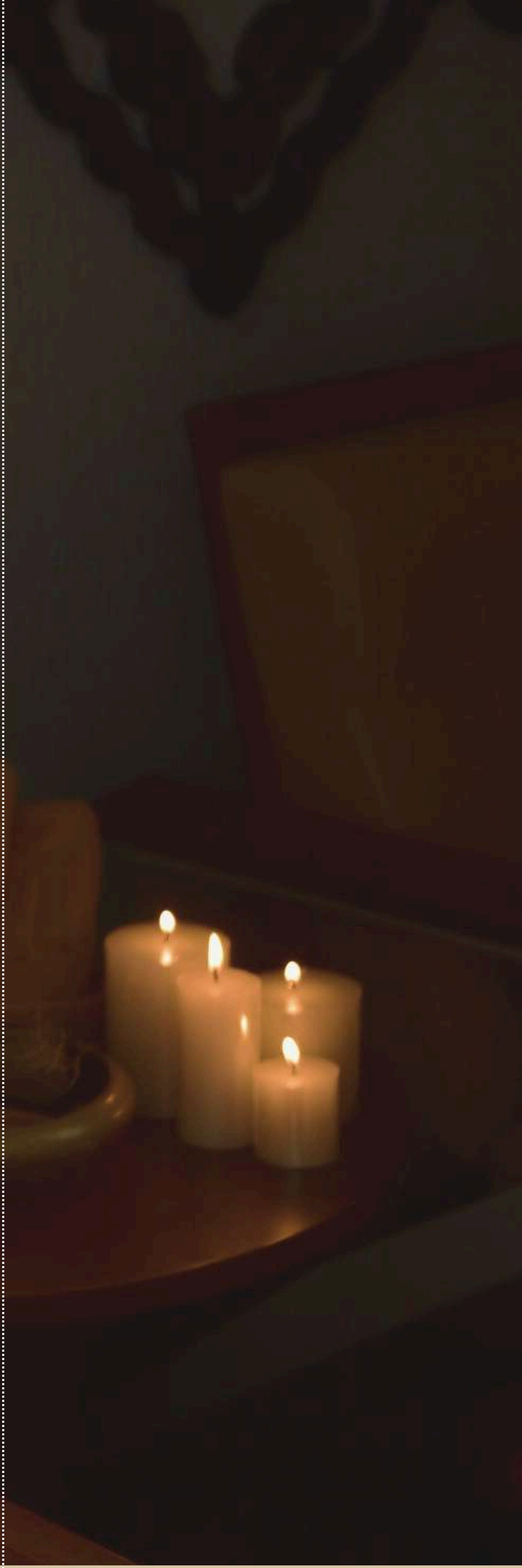
Pre- Wedding

Ratus

Facials

Nails





Express Massages

A MOMENT OF PAMPERING,
PERFECTLY TIMED

Designed for those with discerning tastes and limited time, our Express Massages provide targeted relief and rejuvenation, leaving you feeling refreshed and revitalised.

Nails

Facials

Ratus

Pre- Wedding

Couples

Signature
Body rituals

Express



Dry Massage

Experience the revitalising benefits of our Dry Massage, performed without oils, allowing you to remain fully clothed. This unique massage style incorporates stretching and pressure point techniques to relax muscles and increase circulation, offering a deep, tension-relieving experience.

60 mins

LKR 13,750

90 mins

LKR 15,750



Duration
60 / 90 mins



Herbal Tea
Included

Relaxing Back Massage

Melt away tension with our Relaxing Back Massage. Smooth, slow strokes and gentle pressure target key areas of the back, neck, and shoulders, alleviating soreness and promoting calmness.

LKR 11,500



Duration
30 mins



Herbal Tea
Included

Head, Shoulders, and Foot Massage

Indulge in a deeply relaxing Foot, Shoulder, and Head Massage. This targeted treatment focuses on acupressure points to relieve tension in the head, neck, shoulders, and feet, promoting circulation and restoring energy flow.

LKR 14,000



Duration
60 mins



Herbal Tea
Included

Express

Signature
Body rituals

Couples

Pre- Wedding

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Facials

Nails





Signature Body Rituals

A SYMPHONY OF TOUCH,
SCENT & SERENITY

A luxurious and personalised spa experience designed to rejuvenate and nourish the body. These exclusive treatments combine exfoliation, hydration, and therapeutic massage techniques using premium products to promote relaxation, restore balance, and leave your skin feeling silky smooth. Perfect for those seeking a holistic and indulgent escape.

Signature
Body rituals

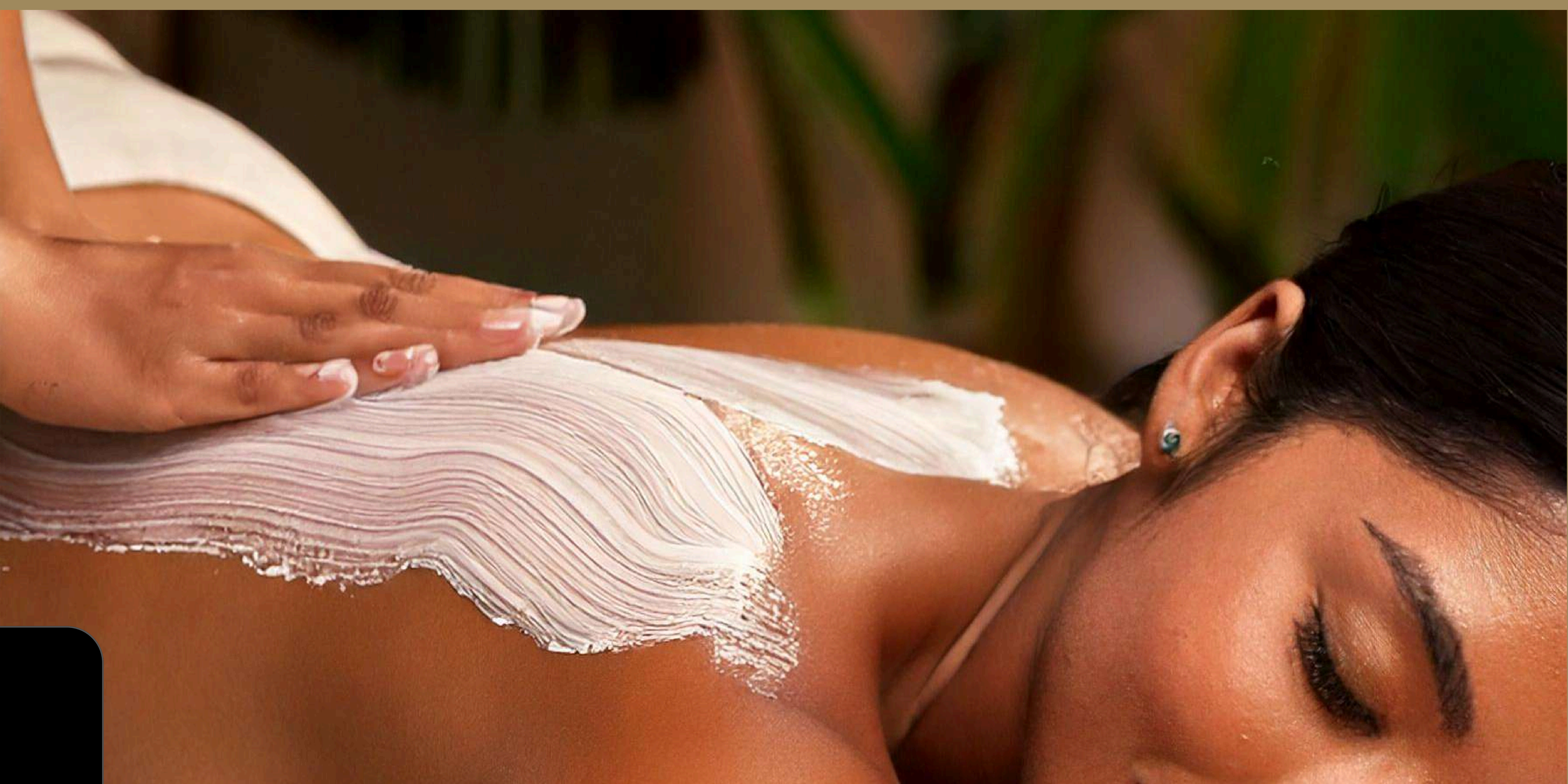
Couples

Pre- Wedding

Ratus

Facials

Nails



Dewi Sri Spa Whitening Ritual | LKR 30,000

Duration
135 mins

Unveil your skin's natural radiance with a luxurious ritual designed to brighten and even out your complexion.

Inspired by the Indonesian goddess of beauty, this transformative treatment begins with a soothing foot ritual and a detoxifying steam bath. Indulge in a massage using a premium blend of whitening body oil, followed by a gentle body scrub to exfoliate and reveal brighter skin. A rich whitening body mask infuses your skin with potent antioxidants, and a soothing herbal bath concludes this exquisite ritual, leaving you feeling refreshed, revitalised, and radiant.

Experience Include



Salt Foot
Ritual



Body
Steam



Radiant Whitening
Body Massage



Radiant Whitening
Body Scrub



Radiant Whitening
Body Mask



Radiant Whitening
Bubble Bath / Jacuzzi



Herbal
Tea



Couples

Pre- Wedding

Ratus

Facials

Nails

Dewi Sri Body Contour Ritual | LKR 30,000

Duration
135 mins

Embrace the transformative power of a rejuvenating ritual designed to sculpt and refine your silhouette.

Inspired by the Indonesian goddess of beauty, this contouring treatment begins with a soothing foot ritual and a detoxifying steam bath. Then, indulge in a massage using a specialized blend of contouring body oil, followed by a gentle body scrub to stimulate circulation and promote a more defined body shape. A rich contouring body mask is applied, helping to reduce the appearance of cellulite, and a soothing herbal bath concludes this exquisite ritual, leaving you feeling refreshed, revitalised, and beautifully contoured.

Experience Include



Salt Foot
Ritual



Steam
Bath



Contouring Oil
Body Massage



Contouring
Body Scrub



Contouring
Body Mask



Soothing
Herbal Bath



Herbal
Tea



Javanese Golden Lulur | LKR 30,000



Duration
135 mins

Experience the opulence of a signature treatment steeped in the royal heritage of Indonesia.

Inspired by the royal beauty treatments of Java, Indonesia, the Lulur ritual is a luxurious body treatment that has been practised for centuries. Traditionally used to prepare brides for their wedding, this ritual is known for its skin-brightening and softening effects. Begin with a soothing foot ritual and a warm steam bath to open your pores. Then, indulge in a massage using a luxurious blend of coconut oil and aromatherapy oils. Experience the gentle exfoliation of the Lulur scrub, a fragrant blend of freshly ground turmeric, sandalwood, and rice. A nourishing body mask is applied, leaving your skin feeling soft, supple, and revitalized. Conclude your experience with a soothing herbal bath.

Experience Include



Foot
Ritual



Steam
Bath



Body Oil
Massage



Lulur Body
Scrub



Nourishing
Body Mask



Soothing
Herbal Bath



Herbal
Tea



The Bali Boreh treatment has been used for centuries by Balinese villagers to invigorate the body, ease muscle tension, and promote circulation. This powerful herbal blend, rich in spices like ginger, clove, and turmeric, warms the body from within and enhances overall well-being.

Couples

Pre- Wedding

Ratus

Facials

Nails



Balinese Boreh Massage

LKR 22,500



Duration
90 minutes

Experience the invigorating warmth of the Traditional Boreh Massage, a treatment inspired by ancient Balinese healing traditions.

The Bali Boreh treatment has been used for centuries by Balinese villagers to invigorate the body, ease muscle tension, and promote circulation. This powerful herbal blend, rich in spices like ginger, clove, and turmeric, warms the body from within and enhances overall well-being.

Incorporating the essence of rice, a symbol of prosperity and fertility in Indonesia, this treatment further connects you to the ancient wisdom of the land. The gentle exfoliation of rice powder combined with the therapeutic properties of the Boreh blend creates a truly revitalising experience, leaving your body and mind feeling refreshed and restored.

Massage Technique:

This treatment features a stimulating massage technique that combines deep tissue massage with the application of the warm Boreh mask. The therapist uses invigorating strokes and pressure points to release tension, improve circulation, and enhance the absorption of the Boreh's therapeutic properties.

Steps:



Foot Ritual:
Begin your journey with a refreshing foot cleansing ritual, easing you into a state of tranquillity and preparing your skin for the pampering ahead.



Body Massage:
Indulge in a 60-minute massage, focusing on areas of tension and using techniques to enhance circulation and revitalise your body.



Boreh Mask Application:
Experience the invigorating warmth of the Boreh mask as it is applied to your body. This aromatic blend of herbs and spices will stimulate your senses and promote deep relaxation.



Herbal Bath:
Conclude your experience with a soothing herbal bath, allowing the fragrant botanicals to complete your journey to revitalisation and enhanced well-being.

Ingredients:

- **Rice Powder:** Gently exfoliates and softens the skin.
- **Ginger:** Known for its warming and anti-inflammatory properties.
- **Clove:** Provides a comforting warmth and stimulating aroma.
- **Turmeric:** A natural anti-inflammatory and antioxidant.



Additional Notes:

- This treatment is suitable for those seeking relief from muscle tension and fatigue.
- The Boreh blend may cause a warming sensation on the skin, which is normal and part of the therapeutic process.

Couples

Pre- Wedding

Ratus

Facials

Nails





Couples Massages

A JOURNEY OF SHARED BLISS.

Our haven of serenity invites you to indulge in a harmonious escape, where our expert therapists will guide you through a symphony of soothing scents, gentle touches, and transformative experiences. Each journey is carefully crafted to provide a unique and unforgettable experience, tailored to your specific needs and desires.

Whether you seek to relax and unwind, rekindle your romance, or simply enjoy a moment of blissful togetherness, our couples' treatment packages offer a haven of tranquillity and rejuvenation.

Couples

Pre- Wedding

Ratus

Facials

Nails



Dewi Sri Spa Sensual Ritual | LKR 60,000

 Duration
135 mins

A sensual awakening and deep relaxation with a luxurious ritual designed to pamper and revitalise your body and mind.

This treatment begins with a soothing foot ritual, followed by a warm steam bath to open your pores and promote deeper relaxation. Then, indulge in a massage alongside your partner, using a luxurious blend of sensual body oil, specially formulated to nourish and pamper your skin. A gentle body scrub infused with rice extract and exotic botanicals is applied to exfoliate and soften your skin, awakening the senses. A rich sensual body mask is then applied, infusing your skin with potent antioxidants and leaving your skin feeling refreshed and revitalised. This exquisite ritual concludes with a soothing herbal bath, allowing you to embrace serenity and a sensual awakening together.

Experience Include



Foot
Ritual



Steam
Bath



Body Oil
Massage



Body
Scrub



Sensual
Body Mask



Soothing
Herbal Bath



Herbal
Tea



Chocolate Rose Lovers Ritual | LKR 60,000



Duration
135 mins

Indulge your senses together in the ultimate relaxation experience for the body, mind, and soul.

This decadent treatment begins with a soothing foot ritual and a revitalising steam bath to open your pores and prepare your skin for deeper nourishment. Then, surrender to the tranquillity of a calming aromatherapy massage, designed to melt away tension and promote a sense of well-being, enjoyed side-by-side with your loved one. The experience culminates with a luxurious chocolate and rose body mask, which serves as both a scrub and a hydrating treatment to exfoliate and soften your skin. Emerge feeling refreshed, revitalised, and deeply connected to your partner.

Experience Include



Foot
Ritual



Steam
Bath



Aromatherapy
Body Massage



Chocolate & Rose
Body Scrub & Mask



Soothing
Herbal Bath



Herbal
Tea

Pre- Wedding

Ratus

Facials

Nails





Amorous Escape Ritual | LKR 60,000

 Duration
135 mins

A romantic spa getaway.

Immerse yourself and your partner in the serene beauty of The Moon Journey, an intimate spa retreat designed to deepen your connection, restore harmony, and create a sense of balance. Inspired by the calming influence of the moon, this luxurious journey promotes relaxation, rejuvenation, and intimacy. The journey begins with a soothing foot ritual and body steam, followed by a Radiant Whitening Body Massage, scrub, and mask, designed to exfoliate, hydrate, and brighten the skin. The experience concludes with a whitening bubble bath in a Jacuzzi, providing a romantic and tranquil finish to your spa getaway.

Experience Include



Salt Foot
Ritual



Body
Steam



Radiant Whitening
Body Massage



Radiant Whitening
Body Scrub



Radiant Whitening
Body Mask



Radiant Whitening
Bubble Bath / Jacuzzi



Herbal
Tea

Pre- Wedding

Ratus

Facials

Nails





Pre-Wedding Bliss

SAY 'I DO" WITH A RADIANT GLOW
AND A SERENE SPIRIT.

Embark on a journey of rejuvenation and radiance with our exclusive Pre-Wedding Packages, designed to pamper and prepare you for your special day. Inspired by ancient traditions and modern techniques, these luxurious treatments will leave you feeling refreshed, revitalised, and ready to embark on your new beginning.

Pre- Wedding

Ratus

Facials

Nails



Royal Bride Ritual | LKR 80,000



Duration
7 hours

This two-day retreat is the ultimate luxury package, designed to pamper and prepare the bride for her special day. This rejuvenating experience blends powerful whitening and brightening treatments with indulgent body rituals to give the bride an unparalleled glow.

Day 01



Peppermint Salt and Radiant
Whitening Foot Ritual



Detoxifying
Steam Bath



Radiant Whitening
Full Body Massage



Brightening Golden
Lulur Body Exfoliation



Radiant Whitening
Body Mask



Whitening
Herbal Bath

Day 02



Ratus V - Steaming



Whitening and Brightening
Casmara Gold Facial



Deluxe Hair Spa
Treatment & Blow Dry



Royal Groom Ritual | LKR 70,000



Duration
5 hours 15
mins

This two-day retreat is the ultimate luxury package, designed to pamper and prepare you for your special day. This rejuvenating two-day retreat blends powerful whitening and brightening treatments with indulgent body rituals to rejuvenate, recharge and refine every groom-to-be.

Day 01



Peppermint Salt and Radiant
Whitening Foot Ritual



Detoxifying
Steam Bath



Radiant Whitening
Full Body Massage



Brightening Golden
Lulur Body Exfoliation



Radiant Whitening
Body Mask



Natural Yoghurt
Body Polish



Whitening
Herbal Bath

Day 02



Whitening and Brightening
Casmara Gold Facial



Hair Grooming and
Scalp Treatment

Ratus

Facials

Nails



Ken Dedes Princess Ritual Body Treatment | LKR 35,000



Duration
145 mins

Experience pre-wedding pampering with a revered Javanese ritual designed to rejuvenate and beautify.

This distinguished cleansing ritual, inspired by ancient Javanese traditions, begins with a gentle foot ritual to cleanse and prepare your feet. Immerse yourself in a warm steam bath, designed to open pores and induce relaxation. Then, indulge in a massage using a luxurious blend of essential oils, promoting circulation and alleviating tension. Experience the gentle exfoliation of a fragrant body scrub, followed by a nourishing body mask to revitalise your skin. Conclude your journey with a soothing herbal bath and the time-honoured ratus ritual, a traditional Javanese feminine wellness practice. This comprehensive treatment leaves you feeling refreshed, revitalised, and ready to embrace your special day.

Experience Include



Foot
Ritual



Steam
Bath



Body Oil
Massage



Body
Scrub



Sensual
Body Mask



Soothing
Herbal Bath



Ratus V -
Steaming



Herbal
Tea



Bridal Retinue Spa Party -4 Pax | LKR 200,000

Duration
4 hours

Reviving & Relaxing Spa Experience / Hen party package. Celebrate the bride-to-be and her retinue with an exclusive spa experience designed to brighten, relax, and rejuvenate, perfect for a Hen Party celebration. This luxurious group package provides a unique opportunity for the bridal party to bond, unwind, and indulge in skin-brightening and soothing treatments, leaving everyone refreshed and glowing for the big day.

Experience Include



Peppermint Salt
and Reviving
Foot Ritual



Detoxifying
Steam Bath



Reviving Body
Exfoliation and Body
Mask



Aroma Body
Massage



Relaxing Hot
Shower



Whitening and
Brightening Casmara
Gold Facial

Ratus

Facials

Nails



Traditional Javanese V-Steam



Duration
hours

Experience the ancient wisdom of Javanese wellness with our exclusive Ratus V-Steam treatment, a time-honoured tradition designed to enhance feminine well-being. As the only spa in Sri Lanka offering this unique treatment, we invite you to discover its revitalising and restorative benefits.

This therapeutic ritual utilises a blend of aromatic herbs, including betel leaves, carefully chosen for their cleansing and rejuvenating properties. The gentle steam infused with these botanical essences provides a soothing and purifying experience, promoting feminine hygiene and helping to tone and tighten. Embrace the essence of Javanese wellness and discover a renewed sense of vitality with this exceptional treatment.

Experience Include



Peppermint Salt
and Reviving
Foot Ritual



Detoxifying
Steam Bath



Reviving Body
Exfoliation and Body
Mask



Aroma Body
Massage



Relaxing Hot
Shower



Whitening and
Brightening Casmara
Gold Facial



Duration
4 hours

Post-Natal Rejuvenation

Embrace the transformative journey of motherhood with our specialised Post-Natal Rejuvenation package, designed to nurture and restore your body and mind after childbirth. Drawing upon ancient traditions and modern techniques, this holistic experience will help you regain strength, vitality, and inner balance.

LKR 50,000



Mint Foot Ritual and Foot Reflexology

Begin the treatment with a soothing foot ritual using a peppermint salt scrub, which is known for its cooling and calming properties. The reflexology stimulates key pressure points, promoting overall relaxation and balance in the body.



Ratus Herbal V Steaming

This traditional postpartum steam treatment uses a blend of herbs, including betel leaf and jasmine, to cleanse and purify the body after childbirth. It aids in restoring energy and improving circulation.



Postpartum Full Body Massage

A specialised full-body massage designed to target postpartum concerns, including muscle tension, stress relief, and lymphatic drainage. The treatment uses warm, soothing oils that help relax the body, reduce fluid retention, and restore energy. Gentle techniques are used to focus on the lower back, shoulders, and abdomen, which may be areas of concern after birth.



Herbal Bath with Relaxing Essential Oils

Soak in a warm herbal bath infused with lavender and chamomile essential oils. This soothing soak helps relax the body, relieve muscle tension, and promote restful sleep. It also supports the skin's healing process and helps with post-birth detoxification.



Rejuvenating Hair Spa Treatment

A relaxing scalp massage with invigorating oils to relieve any built-up tension in the head and neck areas. The treatment also nourishes the hair and scalp, providing hydration and restoring balance.





Facials

YOUR PERSONALIZED FACIAL JOURNEY.

Reveal your inner radiance with our luxurious facials, each one a journey tailored to rejuvenate your skin and enhance your natural beauty. Our expert therapists combine premium products with innovative techniques to address your unique concerns, leaving your complexion refreshed, revitalised, and glowing.



Indonesian BIODERMA Rejuvenating Facial | LKR 17,500



Duration
90 minutes

This luxurious facial combines traditional Indonesian beauty techniques with premium BIODERMA ingredients known for their anti-aging properties. This rejuvenating treatment improves skin texture, promotes collagen production, and restores a youthful radiance, leaving the skin refreshed and revitalised.

BIODERMA Classic Facial | LKR 14,500



Duration
60 minutes

A timeless facial using premium BIODERMA products to deeply cleanse, exfoliate, and hydrate the skin. This classic treatment restores balance, leaving the skin refreshed, smooth, and rejuvenated. Ideal for all skin types, it promotes a healthy, glowing complexion with every session.

Casmara Facial Treatments

Indulge in the world of Casmara, a premium skincare brand from Spain celebrated for its innovative and high-performance facials. Combining cutting-edge technology with the finest natural ingredients, Casmara's targeted treatments deliver visible results, leaving your skin deeply nourished, hydrated, and visibly rejuvenated.



Casmara Classic | LKR 23,500



Duration
90 minutes

Experience the rejuvenating power of green tea and vegetable extracts in this luxurious facial designed to nourish, brighten, and revitalise your skin. This indulgent treatment deeply cleanses, gently exfoliates, and removes impurities, revealing a smoother, more radiant complexion. The Casmara Whitening & Brightening Vegetable Mask, a highlight of this facial, provides intense hydration and visible brightening, extending its benefits to the delicate eye and lip areas.

Experience Include



Deep Cleanse
& Exfoliation



Targeted
Extractions



Lightening Ampoule
Massage



Casmara Whitening
& Brightening Mask



Relaxing Head, Shoulder
& Hand Massage

This revitalising facial offers a holistic approach to skincare, combining effective techniques with luxurious pampering for a truly transformative experience.

Casmara Anti-Aging Facial (RE6TENSE) | LKR 23,500



Duration
90 minutes

Restore your skin's youthful radiance with this revitalising facial targeting the visible signs of aging. This luxurious treatment deeply cleanses, gently exfoliates, and infuses potent anti-aging ingredients to reveal a smoother, firmer complexion. The Casmara Re6tense Anti-Aging Mask, a highlight of this facial, is rich in marine algae, kiwi extract, and poppy seeds, stimulating collagen production for a visibly lifted and brighter appearance.

Experience Include



Purifying Cleanse
& Exfoliation



Targeted
Extractions



Anti-Aging
Ampoule Massage



Soothing Facial Cream
Massage with Acupressure



Casmara Re6tense
Anti-Aging Mask



Relaxing Hand
& Arm Massage

This luxurious facial offers a holistic approach to anti-aging, combining effective techniques with luxurious pampering for a truly transformative experience.



MR1

MR1

Casmara Detoxifying Facial

Anti-Acne Facial | LKR 23,500



Duration
90 minutes

Experience the transformative power of deep cleansing and detoxification with this specialised facial designed for acne-prone skin. This clarifying treatment purifies and balances, helping to heal and restore your skin's natural clarity. The Detoxifying Black Mask, enriched with seaweed extract, draws out impurities and refines pores, leaving your complexion refreshed and revitalised.

Experience Include



Deep Cleanse
& Exfoliation



Targeted
Extractions



Calming Ampoule
Massage



Detoxifying
Black Mask



Relaxing Hand &
Arm Massage

This targeted facial offers a gentle yet effective solution for acne-prone skin, promoting a clearer, calmer complexion.

Casmara 24-Carat Gold

Revitalising Facial | LKR 23,500



Duration
90 minutes

Indulge in the opulence of 24-carat gold with this luxurious facial designed to revitalise and illuminate your skin. This rejuvenating treatment deeply cleanses, gently exfoliates, and infuses active ingredients to enhance your skin's natural radiance. The 24-carat gold mask, a highlight of this facial, firms, brightens, and revitalises, leaving you with a glowing, radiant finish.

Experience Include



Refreshing Cleansing
and exfoliation Ritual



Thorough
Extractions



Ampoule
Massage



Soothing Cream
Massage & Acupressure



24-Carat
Gold Mask



Sunscreen
Application

This luxurious facial offers a radiant transformation, combining the power of gold with expert techniques for a truly indulgent experience.

martha tilaar spa



Add-on Facial Treatments

Enhance your spa experience with our add-on treatments, designed to target specific areas and provide an extra touch of rejuvenation and relaxation.

Face Acupressure | LKR 8,000



Duration
30 minutes

Unlock the secrets of ageless beauty with our rejuvenating Face Acupressure treatment. This specialised treatment involves applying gentle pressure to specific points on the face to stimulate energy flow and promote relaxation. This treatment combats wrinkles and restores a youthful glow by relaxing facial muscles and stimulating collagen production.

Casmara Eye Treatment | LKR 8,000



Duration
30 minutes

A specialised treatment designed to target the delicate eye area, using Casmara’s advanced skincare products. This treatment helps reduce puffiness, dark circles, and fine lines, while hydrating and rejuvenating the skin around the eyes. A perfect solution for refreshing and brightening tired eyes, leaving you with a more youthful and rested appearance.





Hand & Foot Care

GRACE AT YOUR
FINGERTIPS, SERENITY
AT YOUR SOLES

Indulge your hands and feet with our pampering treatments, designed to nourish and rejuvenate. Experience the perfect combination of care and relaxation, leaving your hands and feet feeling soft, smooth, and beautiful.



Traditional Manicure with Neck, Shoulder, and Hand Massage | LKR 15,000



Duration
90 minutes

Enjoy a traditional manicure that includes nail care, cuticle grooming, and polish application, complemented by a relaxing neck, shoulder, and hand massage. This treatment soothes muscle tension and promotes relaxation, leaving your hands feeling refreshed and rejuvenated.

Traditional Pedicure with Foot Massage & Reflexology | LKR 15,000



Duration
90 minutes

A specialised treatment designed to target the delicate eye area, using Casmara's advanced skincare products. This treatment helps reduce puffiness, dark circles, and fine lines, while hydrating and rejuvenating the skin around the eyes. A perfect solution for refreshing and brightening tired eyes, leaving you with a more youthful and rested appearance.

DISCLAIMER

Guest Disclaimer/Indemnity Statement

In connection with the proposed treatment at the Martha Tilaar Spa, managed by N and M Corporation (Pvt) Ltd (hereinafter referred to as "the Spa"), participants are permitted to receive services in any or all of the treatment programs (hereinafter referred to as "the Treatment").

In consideration of being permitted to participate in the Treatments, participants, on behalf of their heirs, executors, administrators, and assigns, declare the following:

- 1.Participants release and forever discharge the Martha Tilaar Spa Management, its shareholders, directors, managers, officials, employees, and travel agents or tour operators (collectively, "the Operators") from all claims, demands, damages, costs, expenses, actions, and causes of action (collectively, "the Claims") in respect of injury, death, partial or total disability, loss, or damage to themselves or their personal belongings, including any third-party claims, however caused, arising out of or during their participation and/or involvement in the Treatment, notwithstanding any claim that may have been contributed to or occasioned by the negligence of the Operators.
- 2.Participants indemnify and hold harmless the Operators from and against any and all liability incurred by any of them arising as a result of or in any way connected to the participants during the Treatment.
- 3.Participants understand and acknowledge that the Operators do not carry or maintain health, medical, or disability insurance coverage for persons participating in the Treatment and therefore agree to assume responsibility for such insurance coverage.
- 4.Participants declare that they have made this indemnity statement of their own free will, without any coercion or duress.
- 5.Permission to participate in the Treatment is a special accommodation granted to the participants by the Operators. Participants confirm that they have not made and will not make any complaint or report against any of the Operators regarding any matter arising from or connected with participation in the Treatment.
- 6.Participants agree that if any provision of this indemnity statement is held to be unenforceable by any court of competent jurisdiction, the invalidity of such provision will not affect the remaining provisions, which will continue to be enforceable.
- 7.This indemnity statement is governed by the laws of the Democratic Socialist Republic of Sri Lanka, and participants agree to submit to the jurisdiction of the courts in the Democratic Socialist Republic of Sri Lanka. In the event of any alleged breach, notices may be delivered to participants at the address or sent to the fax number stated below, and if sent by post, will be deemed delivered on the 14th (fourteenth) local business day after posting.
- 8.Participants declare that they understand and agree that the nature of the business and treatments conducted at the Martha Tilaar Spa are therapeutic only and not sexual. Participants agree to refrain from any conduct that violates this expected behavior.
- 9.Participants understand and agree that the Martha Tilaar Spa Management has the right to halt any treatment in progress and ask participants to leave the Spa premises should this code of conduct be violated.
- 10.Participants acknowledge reading, understanding, and agreeing to the above indemnity statement.



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